

# The Esther Project Volunteer Befriender

**Location:** Worthing/Adur/Arun/Chichester

Availability: Sessional across the week, Approx 2hrs per week per service user.

**Expected Commitment:** Min. 6 months **Reporting to**: The Esther Project Lead.

Due to the nature of our work, our volunteer positions are open to **WOMEN ONLY** and subject to exemption from the Sex Discrimination Act Section 7 (e).

## **Overview**

Yada is the overarching charitable organisation that runs The Esther Project (TEP). Yada aims to prevent the sexual exploitation of women through:

- provision of support through our outreach service to women in the sex industry across coastal West Sussex
- education, training and awareness raising workshops to community/voluntary sector organisations
- partnership working to improve access to specialist services.

The Esther Project is a free outreach service supporting women in the sex industry across coastal West Sussex. The project aims to increase safety, reduce isolation and improve emotional well-being amongst women in the sex industry.

## Role Description and Person Specification

Your role will be to support TEP service users through building relationships, supporting administration tasks and with shopping needs.

## Main Responsibilities (examples):

- Befriending the service user through regular time spent walking or having a coffee.
- Supporting the service user with shopping trips to the local supermarket.
- Supporting the service user with attending GP appointments.
- Supporting the service user with meeting Universal Credit commitments e.g. searching for jobs.
- Attend relevant training.
- Understand and implement all relevant policies and procedures.
- Input activities completed into Yada's monitoring tools.
- Ensure that any issues in relation to safeguarding are brought to the immediate attention of the Manager, or if unavailable another member of the team.



# Personal Development and Self Care

- Attend regular supervision provided by the Yada team
- To attend all training as necessary
- To keep up to date with Yada's development, policies and procedures
- Committed to continue learning about the issues surrounding the sex industry

You will also have a sympathetic vision of Yada and the Christian ethos of the organisation.

## Person requirements:

TEP operates according to the three core conditions as set out in person-centred therapy: congruence, unconditional positive regard and empathy.

It is essential that you have an ability:

- To be non-judgemental and not pursue personal agenda
- To respond quickly to emergency or pressurised situations
- To understand the importance of confidentiality
- To understand and explore the complexities of the sex industry
- To work well in a team
- To be self-aware, and to recognise the importance of self-care
- To communicate in fluent English (written and spoken)

Experience of working with women at risk and/or a relevant experience is desirable.

We welcome those with a second language, in particular Chinese, Portuguese or Thai.

Training and induction will be provided and we actively encourage the continuous personal development of all our team.

As this role may require you handling sensitive information, you will be required to sign a confidentiality agreement.

A full DBS must be undertaken.

If you are interested or have any questions about the role, please contact Rachel Bathurst at <a href="mailto:Rachel@yadauk.org">Rachel@yadauk.org</a>